

**The Ohio State University**  
**Colleges of the Arts and Sciences New Course Request**

Psychology  
 Academic Unit  
 Psychology  
 Book 3 Listing (e.g., Portuguese)  
 515 Psychology of Emotions  
 Number Title U 5  
 Psych Emotion Level Credit Hours  
 18-Character Title Abbreviation  
 Summer Autumn Winter X Spring Year 2007  
 Proposed effective date, choose one quarter and put an "X" after it; and fill in the year. See the OAA curriculum manual for deadlines.

**A. Course Offerings Bulletin Information**

Follow the instructions in the OAA curriculum manual. If this is a course with decimal subdivisions, then use one New Course Request form for the generic information that will apply to all subdivisions; and use separate forms for each new decimal subdivision, including on each form the information that is unique to that subdivision. If the course offered is less than a quarter or a term, please complete the Flexibly Scheduled/Off Campus/Workshop Request form.

Description (*not to exceed 25 words*):  
 An examination of emotion focusing on how emotions are interconnected to other basic psychological processes such as cognition, motivation, decision making, and well-being.

Quarter offered: Distribution of class time/contact hours: 2 2-hr classes  
 Quarter and contact/class time hours information should be omitted from Book 3 publication (yes or no):

Prerequisite(s): PSY 100 AND PSY 300

Exclusion or limiting clause: N/A

Repeatable to a maximum of   N/A   credit hours.

Cross-listed with:

Grade Option (Please check): Letter  S/U  Progress  What is course is last in the series? \_\_\_\_\_

Honors Statement: Yes  No  GEC: Yes  No  Admission Condition  
 Off-Campus: Yes  No  EM: Yes  No  Course: Yes  No

Other General Course Information:  
 (e.g. "Taught in English." "Credit does not count toward BSBA degree.")

**B. General Information**

Subject Code   42.1601   Subsidy Level (V, G, T, B, M, D, or P)   B    
 If you have questions, please email Jed Dickhaut at [dickhaut.1@osu.edu](mailto:dickhaut.1@osu.edu).

1. Provide the rationale for proposing this course:  
 This course fills a gap in the psychology department. It adds a needed upper level course for undergraduates, and it is the only course in Psychology on emotion, which is a topic of central importance in the discipline.

2. Please list Majors/Minors affected by the creation of this new course. Attach revisions of all affected programs.  
 This course is (check one):  Required on major(s)/minor(s)  A choice on major(s)/minors(s)  
 An elective within major(s)/minor(s)  A general elective:

3. Indicate the nature of the program adjustments, new funding, and/or withdrawals that make possible the implementation of this new course.

The course will be a regular offering of recently hired faculty member. No adjustments are necessary.

4. Is the approval of this request contingent upon the approval of other course requests or curricular requests?

Yes  No  List:

5. If this course is part of a sequence, list the number of the other course(s) in the sequence: \_\_\_\_\_

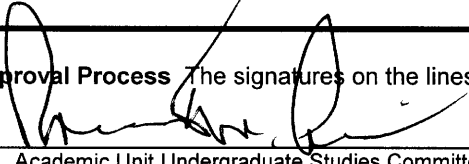
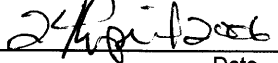
6. Expected section size: 50 Proposed number of sections per year: 1

7. Do you want prerequisites enforced electronically (see OAA manual for what can be enforced)? Yes  No


8. This course has been discussed with and has the concurrence of the following academic units needing this course or with academic units having directly related interests (*List units and attach letters and/or forms*):  
Not Applicable

9. **Attach a course syllabus that includes a topical outline of the course, student learning outcomes and/or course objectives, off-campus field experience, methods of evaluation, and other items as stated in the OAA curriculum manual and e-mail to [asccurrofc@osu.edu](mailto:asccurrofc@osu.edu).**

**Approval Process** The signatures on the lines in ALL CAPS ( e.g. ACADEMIC UNIT) are required.

	Robert Arkin	
1. Academic Unit Undergraduate Studies Committee Chair	Printed Name	Date

2. Academic Unit Graduate Studies Committee Chair	Printed Name	Date
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	Gifford Weary	4.26.06
3. ACADEMIC UNIT CHAIR/DIRECTOR	Printed Name	Date

4. After the Academic Unit Chair/Director signs the request, forward the form to the ASC Curriculum Office, 105 Brown Hall, 190 West 17<sup>th</sup> Ave. or fax it to 688-5678. Attach the syllabus and any supporting documentation in an e-mail to [asccurrofc@osu.edu](mailto:asccurrofc@osu.edu). The ASC Curriculum Office will forward the request to the appropriate committee.

5. COLLEGE CURRICULUM COMMITTEE	Printed Name	Date
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6. ARTS AND SCIENCES EXECUTIVE DEAN	Printed Name	Date
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7. Graduate School (if appropriate)	Printed Name	Date
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8. University Honors Center (if appropriate)	Printed Name	Date
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9. Office of International Education (if appropriate)	Printed Name	Date
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10. ACADEMIC AFFAIRS	Printed Name	Date
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**Psychology 515: Psychology of Emotion**  
**Winter Quarter, 2007**  
**Day. Time. Room**

**Instructor**

William A. Cunningham  
### Lazenby Hall  
Phone: ###-###  
e-mail: [cunningham.###@osu.edu](mailto:cunningham.###@osu.edu)

Office hours: #####  
Course website: #####/emotions.html

**Course Overview**

This course will provide an introduction to psychological study of emotions. Although we will touch on the rich philosophical traditions regarding emotion, the course will focus primarily on empirical evidence and psychological theory. In particular, the course will focus on the ways that emotions are interconnected to other basic psychological processes and influence (and are influenced by) cognition, motivation, and decision making. To more fully understand the complexity of emotions, the course will span multiple levels of analysis (social, cognitive, developmental, and biological) and our goal as a class is reconcile and integrate the knowledge from each.

**Course Materials**

Readings are to be read before the class with which they are associated. Lectures are designed to present additional material and to provide updated theory. Thus, I will assume a familiarity with this material in the preparation of my lectures.

There are two books for this course:

Ekman, P. & Davidson, R. J. (1994). The Nature of Emotion: Fundamental Questions (Series in Affective Science). Oxford University Press: New York.

Oatley, K., Keltner, D., & Jenkins, J. (2006). Understanding Emotions. Blackwell Press: New York.

Links to additional readings are provided in this syllabus. The textbooks are available at the bookstore.

**Course Requirements**

Discussion Questions/Participation (10% of your grade)

In class discussion is important for us to more fully understand the course material. The psychological study of emotions has unfolded over more than 100 years, and our understanding

continuously is updated. It is important for us, as a class, to debate critical questions and think through the topics. As such, 10% of your final grade will be participation. Grading for this will occur throughout the class. Because I understand that some people are more likely to speak than others in public settings, you will be required to submit two discussion questions. One question must be sent in the first half of the class, and the other in the second. The quality and thoughtfulness of the questions will be taken into consideration. Use these discussions to better organize your thoughts about the class material (the most points will be given to questions that link the readings with the course lectures). You must use **EmotionsQuestion** as your subject line in your email.

#### Midterm and Final Exams (30% of your grade each)

The midterm will be completed in class, and the final exam will be administered during finals week. The final exam will only cover material from the second half of the class. The exams will have two components. The first will be multiple-choice/fill in the blank. The second will be short essay. The essays will require you to integrate material across lectures and readings.

#### Paper (30% of your grade)

The paper is due on the last day of class, and should be approximately 8 pages in length (excluding references). The paper must be 12-point font, double-spaced, with 1-inch margins, and should be written in APA format. The purpose of the paper is to write a research proposal based on the material presented in class. It should include a literature review on the chosen topic, and the proposed study should attempt to make a novel contribution to the field. You are encouraged to meet with me about the paper before you start working on it.

### **Policy on missing exams and quizzes**

You must get approval prior to missing an examination or a quiz except in the case of a documented emergency. Prior approval will only be granted in cases of unavoidable (i.e., non-optional) conflicting events. Be prepared to provide substantiation of the reason for your absence. For example, if you're sick, be sure to get a note from your doctor. Such a note should be on a form made for the purpose or on letterhead. Makeup exams and quizzes will only be given in cases of documented emergency or when prior approval has been given to miss an exam.

### **Grading**

The following grading scheme will be used:

A	93% and above	C	73% - 76%
A-	90% - 93%	C-	70% - 72%
B+	87% - 89%	D+	66% - 69%
B	83% - 86%	D	60% - 65%
B-	80% - 82%	F	Below 60%
C+	77% - 79%		

## **Academic Misconduct**

All students at the Ohio State University are bound by the Code of Student Conduct (see <http://oaa.ohio-state.edu/coam/code.html>). Violations of the code in this class will be dealt with according to the procedures detailed in that code. Specifically, any alleged cases of misconduct will be referred to the Committee on Academic Misconduct.

## **Students with disabilities**

This syllabus is available in alternative formats upon request. In addition, if you need an accommodation based on the impact of a disability, you should contact the instructor immediately. Students with special needs should contact the Office of Disability Services (ODS) at 292-3307 for certification if they have not already done so. Upon such certification, the ODS and the instructor will make every effort to accommodate special needs. However, to ensure that evaluation of student performance in the course is conducted in a manner that is fair to all students, special accommodations will not be granted in the absence of ODS certification.

## Class Schedule

DATE	TOPIC	READING
Week1		
Class1	Introduction to course	
Class2	Historical foundations of the study of emotion	James (1884); OKJ, Ch 1
Week2		
Class1	Defining emotion	ER, pgs 263-280; OKJ, Ch 2
Class2	The basic emotions	ER, pgs 5-45; OKJ, Ch 3
Week3		
Class1	Emotions as dimensions	ER, pgs 49-79
Class2	The functions of emotion	ER, pgs 97-137; OKJ, Ch 4
Week4		
Class1	Psychophysiology of emotion	ER, pgs 235-257; OKJ, Ch 5
Class2	The effect of cognition on emotion (e.g., appraisals)	ER, pgs 179-216; OKJ, Ch 7
Week5		
Class1	Emotion regulation	ER, pgs 263-280
Class2	The effect of emotion on cognition (e.g., memory, attention)	ER, pgs 301-316; OKJ, Ch 10
Week6		
Class1	<b>MIDTERM EXAM</b>	
Class2	The role of emotion in judgment & decision making	OKJ, Ch 9
Week7		
Class1	The development of emotion	ER, pgs 345-373; OKJ, Ch 8
Class2	Emotion, motivation, and value	Higgins (2000)
Week8		
Class1	Animal models of emotion	Ledoux (2000)
Class2	The emotional brain	ER, pgs 258-261; OKJ, Ch 6
Week9		
Class1	Cross-cultural differences (and similarities)	ER, pgs 144-176
Class2	Individual differences in emotional experience	ER, pgs 345-373; OKJ, Ch 11
Week10		
Class1	Emotions, mental health, and well-being	ER, pgs 377-406; OKJ, Ch 12,13
Class2	Class review and wrap-up	ER, pgs 409-430; OKJ, Ch 14

ER = Pages from the Ekman & Davidson book

OKJ = Chapters from the Oatley, Keltner, & Jenkins book

## **Additional Readings**

Higgins, E. T. (2000). Making a good decision: Value from fit. *American Psychologist*, 55, 1217-1230.

<http://www.columbia.edu/cu/psychology/higgins/papers/higgins2000.pdf>

James, W. (1884). What is an Emotion? *Mind*, 9, 188-205.

<http://www.jstor.org/view/00264423/di984107/98p04172/0>

LeDoux, J.E. (2000) Emotion circuits in the brain. *Annual Review of Neuroscience*, 23,155-184.

<http://www.cns.nyu.edu/home/ledoux/pdf/155.pdf>